

Life Enrichment Memory Care Activity Calendar

October

2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 	All sceduled actvites are subject to change as we contnue to follow CDC and IDPH guedlines related to Covid-19				1 Welcome Fall Outdoor social 	2 <i>Musical Memories</i> 
3  1 on 1 visits	4 Fall Baking with Jacque 	5  1:30 Terry Stone Entertains 4-5 Quad	6 Religious Studies 	7 Board and Card Games 	8 Nail Salon 2:30pm 	9  1 on 1 visits
10  Wine and Cheese Cart 2:30	11 Take a trip to the gift shop 	12 Afternoon Matinee 2:30 	13 Rosary 	14 One on One outdoor walks weather permitting 	15 Everything Apple Social 2:30 	16 Afternoon viewing 
17  1 on 1 visits	18 <i>Musical Memories</i> 	19  1:30	20 Religious Studies 	21  Coffee & Chat	22 Monthly Birthday 	23  1 on 1 visits
24  Wine and Cheese Cart 2:30	25 Fall Craft Project 	26 Baking with Jacque 	27 Fall water color art 	28 Carmel Corn and Apple Cider Party 	29 Halloween Parade 	30 All sceduled actvites are subject to change as we contnue to follow CDC and IDPH guedlines

The Life Enrichment team strives to meet residents social and cognitive needs daily by implementing a structured morning program and an individualized person-centered afternoon approach.

9:30- Structured morning Group- Easy stretch, cognition/ activity, Religion, and Food activities

1:30 -Rest and relaxation Movies, soft music, Dream Scrapes

2:30-4:30- Afternoon scheduled activity- Small micro groups, 1:1 individualized activity and off unit programing for those wishing to take part-as restrictions allow

Jacque – Life Enrichment Aid