

Life Enrichment Activity Calendar Memory Care

2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			 Coffee Fellowship	2 Writing and addressing Christmas cards 	3 Viewers Choice on The unit 2pm 	4  1 on 1 visits
5 Hot Chocolate and Cookies 	6 Nail Salon 	7  1:30- Quad Terry Stone Entertains - 4-5 Quad	8 Religious Studies 	9 Christmas Crafts 	10 Juice and Snacks 	11  1 on 1 visits
12 Wine and Cheese Cart 2:30 	13 Sing-A-Long Christmas Carols 	14  1:30 pm	15 Coffee Fellowship 	16 Birthday party Entertainment by Robert Dahms 2pm 	17 Ugly Christmas Mask Party Quad 2pm 	18  1 on 1 visits
19 Hot Chocolate and Cookies 	20 Holiday baking with Jacque 	21  1:30 pm	22 Religion 	23 Nail Salon 	24  A Christmas story	25 
26 Wine and Cheese Cart 2:30 	27 Coffee and Cookies 	28  1:30pm	29 Water Color Painting 	30 2pm Robert Dahms Entertains in the Quad	31 New Years Eve Party Hors d'oeuvres 2pm – Quad	

The Life Enrichment team strives to meet residents social and cognitive needs daily by implementing a structured morning program and an individualized person-centered afternoon approach.

9:30- Structured morning Group- Easy stretch, cognition/ activity, Religion, and Food activities

1:30 -Rest and relaxation Movies, soft music, Dream Scrapes

2:30-4:30- Afternoon scheduled activity- Small micro groups, 1:1 individualized activity and off unit programing for those wishing to take part-as restrictions allow.