

August 2022



Assisted Living Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Key Eatery ET Crafters Corner CC Game Room GR Quad- Q Family Room FR Courtyard- CY Fountain courtyard FCY	1 10:00- Sit and Be Fit GR 10:30- Word Puzzles GR 11:15 -Mass-Chapel 2pm – Water Games FCY 3pm Social Hour- Pub Q	2 10:00-Simple Stretch GR August trivia GR 11:15 Mass-Chapel 2pm - Bingo GR 3pm Terry Stone -Pub Q	3 10:00-Tenat Choice outing 10:30- Craft CC 11:15 Mass-Chapel 2pm – Watermelon Social FCY 3pm Social Hour- Pub Q	4 10:00- Simple Stretch GR 10:30- Family Feud GR 11:15- Mass-Chapel 2pm – Coffee Klatch FR 3pm Social Hour -Pub Q	5 10:00- Simple Stretch GR 10:30-Wheel of Fortune GR 11:15 -Mass-Chapel 2pm -Independent Board games GR 3pm Social Hour- Pub Q	6 9:30am -Independent Exercise GR 11:15 Mass Chapel 1:30 Afternoon Matinee FR 3-4pm Social Hour- Pub Q
7 10:00- Coffee and Conversation FR 11:15- Mass-Chapel 1:30 Afternoon Walk	8 10:00- Sit and Be Fit GR 10:30-In2l games GR 11:15 -Mass-Chapel 2pm Coffee and Chat FR 3pm Social Hour- Pub Q	9 10:00-Simple Stretch GR Trivia GR 11:15 Mass-Chapel 2pm - Bingo GR 3pm - Social Hour -Pub Q	10 10:00- Simple Stretch GR 10:30- Craft CC 11:15- Mass-Chapel 2pm – Board & card games 3pm Social Hour- Pub Q	11 10:00- Simple Stretch GR 10:30- Family Feud GR 11:15 -Mass-Chapel 2pm – Coffee Klatch FR 3pm Social Hour- Pub Q	12 10:00-Simple Stretch GR 10:30- Wheel of Fortune GR 11:15 -Mass-Chapel 2pm- Crafters Corner Open CC 3pm Social Hour- Pub Q	13 9:30am -Independent Exercise GR 11:15 Mass Chapel 1:30 Afternoon Matinee FR 3-4pm Social Hour- Pub Q
14 10:00- Coffee and Conversation GR 11:15- Mass-Chapel 1:30 Afternoon Walk	15 10:00- Sit and Be Fit GR 10:30- Word Puzzles GR 11:15 -Mass-Chapel 2pm - Manicures GR 3pm Social Hour- Pub Q	16 10:00-Simple Stretch GR 10:30-Brain Teasers 11:15 Mass-Chapel 2pm- Bingo GR 3pm Social Hour -Pub Q	17 10:00- Simple Stretch GR 10:30- Craft CC 11:15 -Mass-Chapel 2pm – Tenat Choice shopping trip 3pm Social Hour- Pub Q	18 10:00- Simple Stretch GR 10:30- Family Feud GR 11:15- Mass-Chapel 2pm – Coffee Klatch FR 3pm Social Hour -Pub Q	19 10:00-Simple Stretch GR 10:30- Wheel of Fortune GR 11:15 -Mass-Chapel 2pm- Outdoor walks 3-4pm Social Hour- Pub	20 9:30am -Independent Exercise GR 11:15 Mass Chapel 1:30 Afternoon Matinee FR 3-4pm Social Hour- Pub Q
21 10:00- Coffee and Conversation FR 11:15- Mass-Chapel 1:30 Afternoon Walk	22 10:00- Sit and Be Fit GR 10:30-In2l games GR 11:15 -Mass-Chapel 2pm – Current Events FR 3pm Social Hour- Pub Q	23 10:00-Simple Stretch GR 10:30- Family Feud GR 11:15 Mass-Chapel 2pm – Bingo GR 3pm Social Hour -Pub Q	24 10:00- Simple Stretch GR 10:30- Craft CC 11:15- Mass-Chapel 2pm - Outdoor walks 3pm Social Hour -Pub Q	25 10:00- Simple Stretch GR 10:30- Family Feud GR 11:15 -Mass-Chapel 2pm– Coffee Klatch FR 3pm Social Hour- Pub Q	26 10:00-Simple Stretch GR 10:30- Wheel of Fortune GR 11:15 -Mass-Chapel 2pm- Birthday Party Q 3-4pm Social Hour- Pub	27 9:30am -Independent Exercise GR 11:15 Mass Chapel 1:30 Afternoon Matinee FR 3-4pm Social Hour- Pub Q
28 10:00- Coffee and Conversation GR 11:15- Mass-Chapel 1:30 Afternoon Walk	29 10:00- Sit and Be Fit GR 10:30-Summer word puzzle 11:15 Mass-Chapel 2pm – Board Games GR 3-4pm Social Hour- Pub Q	30 10:00-Simple Stretch GR 10:30- Brain games GR 11:15- Mass-Chapel 2pm - Bingo GR 3pm Social Hour -Pub Q	31 10:00-Dollare Tree outing 10:30- Craft CC 11:15 Mass-Chapel 2pm - Gift Shop Open 3pm Social Hour- Pub Q	IF YOU ARE IN NEED OF ANY ACTIVITY RELATED MATERIAL, PLEASE FEEL FREE TO CONTACT LISA AT 484-3813		