

DECEMBER

Assisted Living Life Enrichment Calendar 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
New Years Eve 31 	KEY Eatery ET Creative Corner CC Game Room GR Quad- Q Family Room FR Courtyard-CY Fountain courtyard FCY				1 10:00-Simple Stretch GR 10:30- Wheel of Fortune GR 11:15 -Mass-Chapel 2:00- Yahtzee FR 3:00- Social Hour- Pub	2 9:30am -Independent Exercise GR 11:15 Mass Chapel 1:30 Bingo-Q 3:00 Social Hour- Pub Q
3 10:00- Coffee and Conversation GR 11:15- Mass-Chapel 1:30 Afternoon Walk	4 10:00- Sit and Be Fit GR 10:30-In2l games GR 11:15 -Mass-Chapel 2:00-Christmas Card assistance FR 3:00-Social Hour- Pub Q	5 10:00-Simple Stretch GR 10:30-Trivia GR 11:15-Mass-Chapel 1:30-pm Bingo Q 3:00-Social Hour -Pub Q	6 10:00- Simple Stretch GR 10:30- Independent crafts CC 11:15- Mass-Chapel 2:00-Independent walks 3:00-Social Hour- Pub Q	7 10:00- Simple Stretch GR 10:30- Family Feud GR 2:00 – UNO -Q 3:00-Social Hour- Pub Q	8 10:00-Simple Stretch GR 10:30- Wheel of Fortune GR 2:00 Movie Matinee-FR 3:00 Social Hour- Pub	9 9:30am -Independent Exercise GR 11:15 Mass Chapel 1:30 Bingo-Q 3:00 Social Hour- Pub Q
10 10:00- Coffee and Conversation GR 11:15- Mass-Chapel 1:30 Afternoon Walk	11 10:00- Sit and Be Fit GR 10:30- Word Puzzles GR 11:15 - Mass-Chapel 2:00- Movie Mattinee FR 3:00 Social Hour- Pub Q	12 10:00-Simple Stretch GR 10:30-Brain Teasers 11:15 Mass-Chapel 1:30- Bingo Q 3:00-Social Hour -Pub Q	13 11:15- Mass-Chapel 10:30- Tenant Outing of choice- sign up with L.E 3:00 -Social Hour -Pub Q	14 10:00- Simple Stretch GR 10:30- Scrabble GR 11:15- Mass-Chapel 2:00- Nail Salon FR 3:00-Social Hour- Pub Q	15 10:00-Simple Stretch GR 11:15 -Mass-Chapel 2:00 Monthly Birthday Party -Q 3:00 Social Hour- Pub	16 9:30am -Independent Exercise GR 11:15 Mass Chapel 1:30 Bingo-Q 3:00 Social Hour- Pub Q
17 10:00- Coffee and Conversation GR 11:15- Mass-Chapel 1:30 Afternoon Walk	18 10:00- Sit and Be Fit GR 10:30-Checkers GR 11:15 -Mass-Chapel 2:00-Christams cookie decorating -FR 3:00-Social Hour- Pub Q	19 10:00-Simple Stretch GR 10:30- Family Feud GR 11:15-Mass-Chapel 1:30- Bingo Q 3:00 Social Hour -Pub Q	20 10:00- Simple Stretch GR 10:30- Independent crafts CC 11:15- Mass-Chapel 2:00-Independent walks 3:00-Social Hour- Pub Q	21 10:00-Simple Stretch GR 10:30- Wheel of Fortune GR 2:00 Robert Dahms Entertains - Q 3:00 Social Hour- Pub	22 10:00-Simple Stretch GR 10:30- Wheel of Fortune GR 11:15 -Mass-Chapel 2:00- Christmas Party in the Quad 3:00 Social Hour- Pub	23 9:30am -Independent Exercise GR 11:15 Mass Chapel 1:30 Bingo-Q 3:00 Social Hour- Pub Q
24 10:00- Coffee and Conversation GR 4:00- Christmas Eve Mass-Chapel 1:30 Afternoon Walk	25 	26 10:00-Simple Stretch GR 10:30-Brain Teasers 11:15-Mass-Chapel 1:30-pm Bingo - Q 3:00 Social Hour -Pub Q	27 11:15- Mass-Chapel 10:30- Tenant Outing of choice- sign up with L.E 2:00-Bible study- chapel 3:00 -Social Hour -Pub Q	28 10:00- Simple Stretch GR 10:30- Scrabble GR 11:15- Mass-Chapel 2:00- 3:00-Social Hour- Pub Q	29 10:00-Simple Stretch GR 10:30- Wheel of Fortune GR 2:00- New Years Eve Party 3:00 Social Hour- Pub	30 9:30am -Independent Exercise GR 11:15 Mass Chapel 1:30 Bingo-Q 3:00 Social Hour- Pub Q